

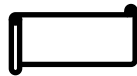


Monday



Cereal and crumpets

Tuesday



Cereal and crumpets

Wednesday



Cereal and crumpets

Thursday



Cereal and crumpets

Friday



Cereal and crumpets

Breakfast

Morning Snack

Rice cakes

Fresh fruit

Veggie Crisps

Fresh fruit

Peppers and cucumber

Lunch Starter

Naan bread



Crusty Bread



Corn on the cob

Lunch Main

Chicken Curry with bulgar wheat and hidden vegetables

Toad in the hole with mash and green beans

Tuna Pasta Bake with sweetcorn and peas

Pizza and sweet potato slices with assorted salad

Vegetarian cottage pie with broccoli and cauliflower

Lunch Pudding



Fruit salad with crumbled meringue topping



Ice cream with cones



Afternoon Snack

Fresh fruit

Breadsticks and dips

Fresh fruit

Stewed apples and pears

Fresh fruit

High Tea

Bacon and Mushroom spaghetti Carbonara

Chicken Nuggets

Sausage roll

Chicken & vegetable

Picnic Tea

Crawlers

Buttery Mash and

Duchess potatoes and soft carrot batons

curry with bulgar wheat

EG. Sausage rolls

Explorers

Garden peas

Sandwich with choice of fillings

discoverers

Veg sticks

After school

Bacon sandwiches

Chicken nuggets and wedges

Sausage rolls

Pasta with cheese or

Picnic Tea

Toast or fruit is offered if a child refuses afterschool teas

& sauce

With beans and cheese

tomato sauce