

JGSAWS

Hot Lunch, Snack and Dinner Club Menu – Week One Autumn



Monday	Tuesday	Wednesday	Thursday	Friday
FRUIT	FRUIT	FRUIT	FRUIT	FRUIT
Chicken Curry Rice Peas Naan Bread Rice Pudding with Jam	Warm Crusty Bread and Butter Vegetable Chilli Rice Veg	Tortilla & Dips Beef Stew Dumplings Carrot & Swede Mash Peas & Carrots	Corn on the Cob Cheese & Potato Pie Boiled Potatoes Veg	Creamy Fish & Broccoli Pasta Veg Scotch Pancakes & Honey/Jam
VEGETABLES	VEGETABLES	VEGETABLES	VEGETABLES	VEGETABLES
Cheese & Ham Sandwiches	Soup & Garlic Bread	Waffles & Beans	Spaghetti on Toast	Fish fingers & Beans